



# COME JOIN US FOR THE 1ST ANNUAL MONSTER MOUNTAIN 5K!



College of the Siskiyou Cross Country is hosting our first annual Monster Mountain 5k run/walk on the COS Weed campus on Sunday Oct 28th at 3pm. Costumes are encouraged and we will be awarding prizes for the winners of our costume contest! Participants will also receive a free T-shirt with entry!



## PRICING

If you sign up by Oct. 11th - \$20

Between October 12th and Oct. 25th - \$25

Race day sign up - \$30

Please sign up at:

<http://bit.ly/MonsterMoutain5k>

or contact Coach Katie Woodward at [kwoodward@siskiyous.edu](mailto:kwoodward@siskiyous.edu) or (530) 938-5332 for more information

## WE ARE ALSO HOLDING A FREE COMMUNITY TRICK OR TREATING ADVENTURE

for the little ones around our track area from 4 to 5 pm. This event is free to all children 12 or under. Donations will be accepted at this portion of the event if you feel so inclined.

Candy donations for the Children's trick or treating event will also gladly be accepted at the COS Weed campus with a note for the 5k fundraiser!

